

Stichera at the Aposticha

Ascension - 40 Days after Pascha

Tone 2
Sticheron 1

Common Chant
arr. from L'vov/Bakhmetev

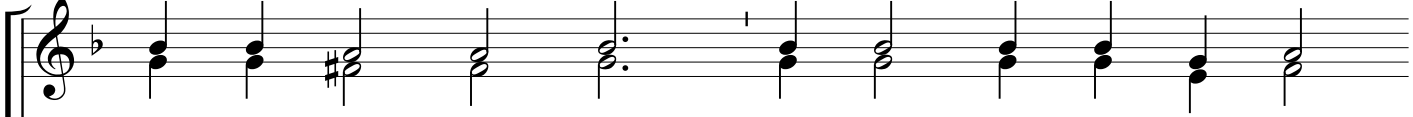
Soprano
Alto



Tenor
Bass

You were born, as You Your - self willed; you appeared, as

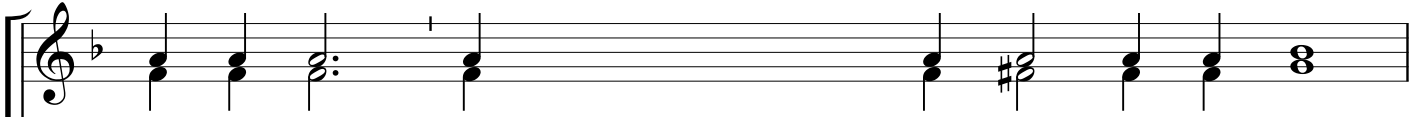
Detailed description: This block contains the first line of the Sticheron. It features two vocal parts: Soprano/Alto and Tenor/Bass. The Soprano/Alto part is written on a treble clef staff with a key signature of one flat (B-flat). The Tenor/Bass part is written on a bass clef staff with the same key signature. The lyrics are: "You were born, as You Your - self willed; you appeared, as". The music consists of simple, homophonic chords, primarily using half notes and quarter notes.



Tenor
Bass

You Your - self de - sired; you suf - fered in the flesh,

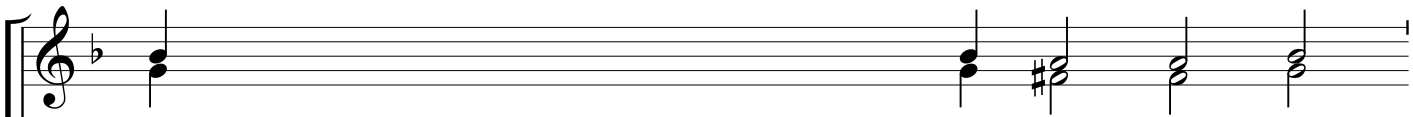
Detailed description: This block contains the second line of the Sticheron. It features two vocal parts: Soprano/Alto and Tenor/Bass. The Soprano/Alto part is written on a treble clef staff with a key signature of one flat. The Tenor/Bass part is written on a bass clef staff with the same key signature. The lyrics are: "You Your - self de - sired; you suf - fered in the flesh,". The music continues with simple, homophonic chords.



Tenor
Bass

O our God; You rose from the dead, having tram - pled on death.

Detailed description: This block contains the third line of the Sticheron. It features two vocal parts: Soprano/Alto and Tenor/Bass. The Soprano/Alto part is written on a treble clef staff with a key signature of one flat. The Tenor/Bass part is written on a bass clef staff with the same key signature. The lyrics are: "O our God; You rose from the dead, having tram - pled on death.". The music continues with simple, homophonic chords.



Tenor
Bass

You were taken up in glory, You Who fill the u - ni - verse,

Detailed description: This block contains the fourth line of the Sticheron. It features two vocal parts: Soprano/Alto and Tenor/Bass. The Soprano/Alto part is written on a treble clef staff with a key signature of one flat. The Tenor/Bass part is written on a bass clef staff with the same key signature. The lyrics are: "You were taken up in glory, You Who fill the u - ni - verse,". The music continues with simple, homophonic chords.

and You sent us the Di - vine Spir - it, // that we may praise

and glorify Your God - - - head.

v: All you nations, clap your hands; shout to God with a voice of gladness! (*Ps 46/47:1*)

Sticheron 2

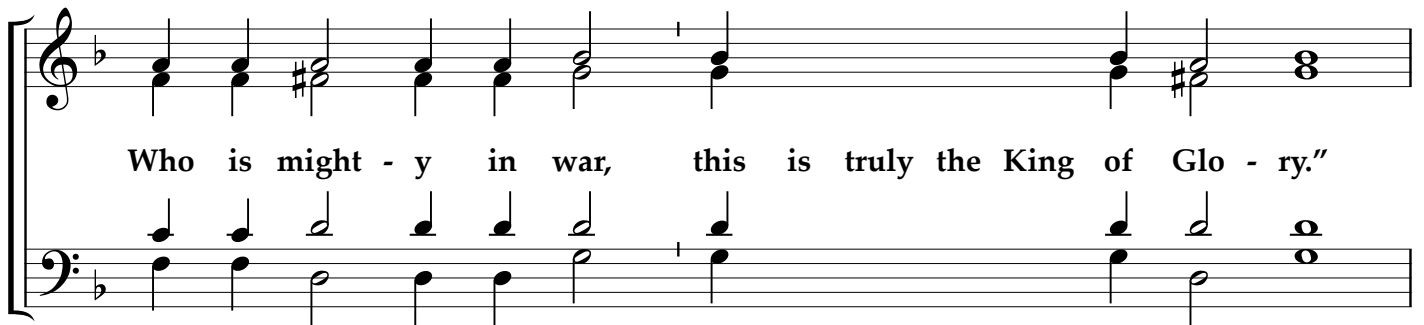
Soprano
Alto

Tenor
Bass

As You were taken up, O Christ, from the Mount of Ol - ives,

the Powers saw it and cried to one another: "Who, is this?" and they

were told: "This is the Strong and Pow - er - ful One, this is He



Who is might - y in war, this is truly the King of Glo - ry."

"And why are His gar - ments crim - son?" "He has come from Bosor,

that is, from the flesh." But, as God, You sat down at the

right hand of Maj - es - ty and have sent us the Ho - ly



Spir - it, // to guide and save — our souls."

v: God has gone up with a shout; the Lord with the sound of a trumpet! (Ps 46/47:5)

Sticheron 3

You ascended in glory from the Mount of Olives, O Christ our God,

in the presence of Your Disciples, and sat down at the

right hand of the Father, You Who in Your Godhead fill the

u - ni - verse; and You sent them the Holy Spirit, // -

Who enlightens and strengthens and sanctifies our souls.